

QUICKENED! Made Alive Spirit Soul Body

CHAPTER SYNOPSIS

CELLS / BELIEVERS

1 Corinthians 12:12-28

As **CELLS** are the basic unit of structure in man, **BELIEVERS** are the basic unit of structure in the Body of Christ. The Body of Christ is alive and prospers on the earth when every believer operates at his/her optimal level at all times. **KEY MESSAGE:** *Believers are uniquely designed for their specific position and purpose in the BOC. Live organisms grow to maturity, reproduce and respond to the environment.*

BLOOD / WORD the BIBLE

2 Timothy 3:16,17

Blood is to the physical body what the Word of God is to man's Spirit. Blood delivers nutrition, oxygen, hormones, cleansing agents and takes away waste. The Word of God nourishes, refreshes our spirit, cleanses us from evil and prompts us to eliminate waste from our lives. **KEY MESSAGE:** *Appreciate the authenticity and role of the Word of God in our lives and respond positively when it inspires life changes.*
PATHOLOGY: *Bloodborne Diseases – HIV/AIDS and Hepatitis B&C*

CIRCULATORY SYSTEM / PASTORS & MINISTERS

Ephesians 4:11,12

The Circulatory System is a major transportation system in the body that carries blood to cells. The pastor, as the heart of the church, sets the pace for delivery of the word and the spiritual quality of the flock they oversee. Ministers and laypeople as well, carry the Word throughout the BOC and beyond. **KEY MESSAGE:** *Believers share the meaning and impact of the Word of God on their lives. Apostles, Prophets, evangelists, pastors and teachers perfect and edify the Body of Christ.*
PATHOLOGY: *Hypertension – High Blood Pressure*

DIGESTIVE SYSTEM / SENSORY INTAKE

Jeremiah 15:16

The Digestive System performs the physical and chemical breakdown of food for use by the body, and eliminates solid waste. Our spiritual, emotional and physical states are direct results of what we take into our body and spirit. **KEY MESSAGE:** *There is a spiritual battle within us. The spirit we feed most will be strongest. Become selective about the quality of food and information taken in.*
PATHOLOGY: *Diabetes Types 1 & 2*

SKELETAL SYSTEM / EFFECTIVE LEADERSHIP

2 Samuel 23:3

The quality of bones and the structure of the skeletal system is comparable to the qualities leaders must have. As bones have integrity, so leaders must have integrity to maintain influence among constituents. Loss of respect results in loss of influence. **KEY MESSAGE:** *Build allegiances and accountability among followers. Loss of respect results in loss of influence.*
PATHOLOGY: *Osteoarthritis & Rheumatoid Arthritis*

MUSCULAR SYSTEM / MINISTRIES

2 Corinthians 5:18

Muscles are about movement. Movement of the church applies to its ministries that have an effect on the community. The Body of Christ must impact the community in some way. **KEY MESSAGE:** *Internal ministries impact church worship. External ministries of the Body of Christ impact the community.*
PATHOLOGY: *Strains and Sprains*

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REPRODUCTIVE SYSTEM / BELIEVERS PERPETUATE

Galatians 4:19

The Reproductive System perpetuates the species, via the perfect environment provided for growth of the fetus in the uterus. In the Body of Christ, believers must create an exemplary environment for potential believers and must be capable of leading them to Christ. **KEY MESSAGE:** *The character and the penalty for sin and the need for compassion for 'potential believers'. Become skilled at leading others to Christ.* **PATHOLOGY:** *Teen Pregnancy and Abortion*

INTEGUMENTARY SYSTEM / THE GLOBAL BODY OF CHRIST

Romans 12:5

The Integumentary System is the seamless covering of skin that encompasses the entire body. It has many variations in color, bumps and hair but it is one. So, the BOC is ONE, representing unity of the spirit and diversity of gifts all dwelling within ONE Body of Christ with Christ as the Head. **KEY MESSAGE:** *Appreciate diversity in the Body of Christ and understand the principle involved in unity, oneness, truth and liberty in the universal Body of Christ.* John 10:16. **PATHOLOGY:** *Cancer*

NERVOUS SYSTEM / THE GODHEAD-TRINITY

Ephesians 1:22b-23

The Nervous System consists of the brain, the spinal cord and nerves that extend from them. They are comparable to the Godhead - God the Father, the Son and the Holy Spirit. While Christ is the head of the BOC, The Holy Spirit is the actuator and God oversees all. **KEY MESSAGE:** *Recognize that Christ is the head of the Body of Christ and He is in touch with each believer who makes up the church. Understand the working of the Holy Spirit within oneself and on behalf of others.* **PATHOLOGY:** *Spinal Cord Trauma*

ENDOCRINE SYSTEM / FRUIT OF THE SPIRIT

Galatians 5:22-23

Glands of the Endocrine System secrete hormones that regulate and balance bodily functions, as the Fruit of the Spirit regulates and brings balance to the interactions of believers in the BOC.

KEY MESSAGE: *Fruit of the Spirit vs. works of the flesh. Be filled with the Spirit of God and allow His characteristics to dominate our FLESHLY spirit. Review of Dominant and recessive traits.*

PATHOLOGY: *Anger*

RESPIRATORY SYSTEM / PRAYER AND BELIEF

I Peter 5:7; Mark 11:24

When we exhale, our lungs let go of Carbon Dioxide, which can be toxic - life threatening to the body if it accumulates. The lungs then take in oxygen and our body cells are refreshed. In our daily living we build up toxic weights and cares like anxiety, fear and stress. **KEY MESSAGE:** *Let go of stress, cares and weights of life via prayer; take on the promises of God through faith and belief in God's Word to be refreshed.* **PATHOLOGY:** *Negative Attitude and Unbelief*

URINARY SYSTEM / COMMIT TO THE CAUSE

Luke 14:28; Ephesians 3:14

The filtering process of the Urinary System rids the body of waste so that the body can function at its optimal state of health. This method of filtering applied to our behaviors, beliefs and values will rid our lives of waste that hinders our ability to commit to a cause of spiritual, emotional and physical wellbeing. **KEY MESSAGE:** *Achieve the optimal level in life. Recognize the gap that exists between beliefs, values and behaviors. Identify a cause, eliminate waste and commit to improve your quality of life.*

PATHOLOGY: *Stress*